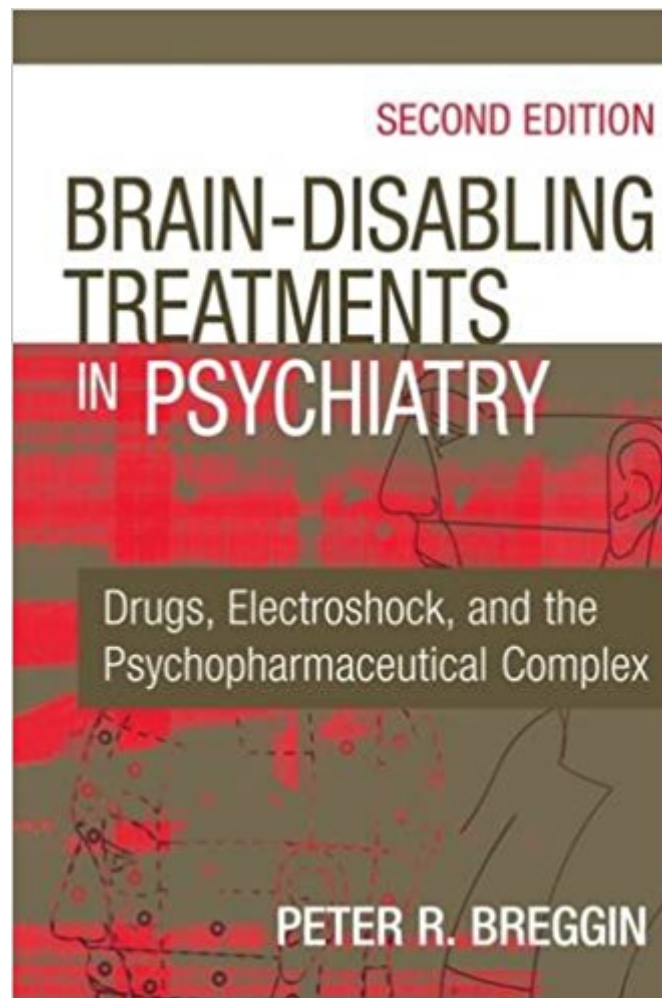




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# Brain Disabling Treatments In Psychiatry: Drugs, Electroshock, And The Psychopharmaceutical Complex



## Synopsis

From the author of *Toxic Psychiatry* and *Talking Back to Prozac*: Peter Breggin is the conscience of American psychiatry. Once more he updates us on the real evidence with respect to the safety and effectiveness of specific psychiatric medications and ECT. This information is needed by all mental health professionals, as well as patients and families." --Bertram Karon, Ph.D., Professor of Psychology, Michigan State University, Author of *The Psychotherapy of Schizophrenia* "Nowhere does false medical thinking do more harm than in the modern psychiatric argument that mental illness is easily diagnosed and then cured by a side-effect free drug. Nowhere is the correct psychiatric thinking more evident than in the books by Peter Breggin. -- William Glasser, MD, psychiatrist, author of *Reality Therapy* In *Brain Disabling Treatments in Psychiatry*, renowned psychiatrist Peter R. Breggin, M.D., presents startling scientific research on the dangerous behavioral abnormalities and brain dysfunctions produced by the most widely used and newest psychiatric drugs such as Prozac, Paxil, Zoloft, Cymbalta, Effexor, Xanax, Ativan, Ritalin, Adderall, Concerta, Strattera, Risperdal, Zyprexa, Geodon, Abilify, lithium and Depakote. Many of Breggin's earlier findings have improved clinical practice, led to legal victories against drug companies, and resulted in FDA-mandated changes in what the manufacturers must admit about their drugs. Yet reliance on these drugs has continued to escalate in the last decade, and drug company interests have overwhelmed psychiatric practice. This greatly expanded second edition, supported by the latest evidence-based research, shows that psychiatric drugs achieve their primary or essential effect by causing brain dysfunction, and that they tend to do far more harm than good. New scientific analyses in this completely updated edition include: Chapters covering every new antidepressant and stimulant drug Twenty new guidelines for how to conduct non-drug therapy A chapter describing how to safely withdraw from psychiatric drugs A discussion of "medication spellbinding," explaining how patients fail to appreciate their drug-induced mental dysfunctions Documentation of how the drug companies control research and the flow of information about psychiatric treatments

## Book Information

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## Customer Reviews

Praise for Brain-Disabling Treatments in Psychiatry, 1st Edition "This book proves once again that Peter Breggin truly is the 'conscience of American psychiatry.' Breggin shows that the brain-disabling hypothesis of organic psychiatric treatments is overwhelmingly confirmed by clinical experience and the scientific literature. With astounding numbers of elderly, adults, and children on prescribed psychoactive drugs, Brain-Disabling Treatments in Psychiatry should be required reading for all medical interns, practicing physicians, and mental health professionals."

Praise for the first edition: "Breggin has written the definitive text for professionals and the public alike who really want to know the hazards, inadequacies and illusions of psychopharmacology. This book will be a foundation for those who specialize in medication-free treatment."--Kevin F.

McCready, PhD, Clinical Director, San Joaquin Psychotherapy Center "This book proves once again that Peter Breggin truly is the 'conscience of American psychiatry.' Breggin shows that the brain-disabling hypothesis of organic psychiatric treatments is overwhelmingly confirmed by clinical experience and the scientific literature. With astounding numbers of elderly, adults, and children on prescribed psychoactive drugs, [this book] should be required reading for all medical interns, practicing physicians, and mental health professionals."--David Cohen, PhD, Professor of Social Services, University of Montreal "Once more, Dr. Breggin updates us on the real evidence with respect to the safety and effectiveness of the range of specific psychiatric medications and ECT. This information is needed by all mental health professionals, as well as patients and families, but it is never completely available in textbooks or drug advertising."--Bertam Karon, PhD, Professor of Psychology, Michigan State University "Peter Breggin, MD, a scientific-Hippocratic physician, does not for a moment overstate the danger posed by the psychiatric-pharmaceutical cartel."--Fred A. Baughman, Jr., MD, Fellow, American Academy of Neurology

Dr. Peter Breggin has stellar medical credentials, but he is a voice in the wilderness when it comes to exposing the shocking state of psychiatric drug prescribing as well as other more barbaric practices which do so much more harm than good. He is of the belief, that humane interaction with patients, particularly actually listening to their concerns, and getting a medical history before throwing pharmaceuticals at them, is the way to really help them. This is a companion piece to Dr. Breggin's more recent book, *How to Get Off Psychiatric Drugs Safely*. Although I was intimately familiar with this topic, having lived through an excruciating experience with several primary care and psychiatric professionals, anyone interested in the topic in general will find this book eye-opening.

Informative and useful text.

After years of dealing with and caring for a spouse who had fallen victim of prescription writing psychiatrists, I was immediately drawn to this publication when I found it referenced. Dr. Breggin confirmed what I had been suspecting for months, if not years; my spouse was no better off for all the drugs prescribed...and she had become a non-functioning person as a result of taking those drugs. The author details the terrible side effects of commonly prescribed psychiatric drugs, and points out how the prescribers, psychiatric MD's, routinely ignore and fail to warn the patient and the patient's family of the downsides and long-term ineffectiveness of those drugs. Dr. Breggin gives specific examples and references to commonly prescribed psychiatric medications, elaborates on details of their testing and approval processes, and offers proof that the drugs are often more harmful than effective and that they tend to create the very symptoms that the patient is trying to alleviate. He also points out that the prescribers never accept responsibility for a patient not recovering, and consequently they just change medications or add additional drugs to the "cocktail" when symptoms persist. After digesting the information in the book, we have developed a plan for withdrawing my spouse from the drugs while maintaining a relationship with the psychiatrist currently

Don't miss these book!The best book about psychiatry, especially for physicians.And, of course, for people that use these drugs.

I have never found so much credible annotated data along with more than 40 years of caring for patient's without drugs. This gentleman and his wife are warriors that should be on NPR, YouTube

and passed all over the internet in a chain letter. I buy his books and give them out like candy just to support what he has done. What I don't understand is why the Attorney Generals of all states are not slapping these CEOs in irons for homicide. They are our most dangerous 'Weapon of Mass Destruction'.

Amazing, factual a MUST read for all fans and definitely for those of you who want to know what psychiatric drugs really do to the brain. If you are a mother, father or patient who is on these drugs and you want SOLID facts then I would highly recommend this book. If all professionals absorbed this information we'd have a much better health system and people would heal! Enjoy it as much as I did! :)

Every patient considering psych meds and every doctor with the ability to prescribe them needs to read this book and the others related to it.

Peter Breggin's book is a difficult one to read for a person that is taking Wellbutrin, Prozac and clonazepam daily and over 20 electroshock treatments just to control depression. His book hit right on the mark what was happening to me. Starting out with the death of my son and a little SSRI and when that didn't work the dosage and type of drugs and procedures just kept increasing, but I was feeling worse and worse. I cut the Wellbutrin in half and discontinued the Prozac on my own which was very difficult, I have a ways to go and after 19 years on these drugs it will take a while longer to get out of my system. The highly renowned doctor tries to warn people of the dispensing of this drug on such a routine basis, and with no knowledge of when or how to stop. This, of course is not including all doctors, but psychiatrists and primary care physicians prescribe them for way too many maladies and never do tell you when the time is right to stop. Dr. Breggin opened my eyes to this very real problem and others that I don't have room to mention and tells many tales of the abuse of antidepressant drugs and when these drugs may be helpful for a short amount of time. He also names the drugs that are the most difficult to withdraw from. I am lucky because I read the book even in the zombie-like state I was in, and took action to come back to being human again. I cannot thank him enough for this book, and others he has written on the subject, and the many people he has helped. This really should be read by anyone on antidepressant medication and those contemplating whether to start them.

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